

ACCESS, 4/6 - Social Media

Read:

Mark 7:15 // ¹⁵ There is nothing outside a person that by going into him can defile him, but the things that come out of a person are what defile him."

Romans 1:25 // ²⁵ because they exchanged the truth about God for a lie and worshiped and served the creature rather than the Creator, who is blessed forever! Amen.

Galatians 5:1 // ¹ For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.

Big Questions:

- What exactly is social media and why and how do we use social media in our lives?
- What are the benefits of social media? What are some problems or dangers?
- How can we use social media in a healthy way?

Teaching Points:

- Social media, unchecked, can be a dangerous force in our lives
- Our attitude towards social media can be a surface indicator of deeper, underlying sin

Discussion Questions:

- What's the story behind your social media username?
- What is your current favorite social media platform? Why? What do you use it for? What's the goal or purpose for you?
- What is social media anyway? What platforms are out there? What claims or promises do they make? Which are popular in your circles? Which are unpopular? Why?
- How does social media affect your life? Physically, relationally, emotionally, spiritually? Another way to look at it, in what ways would your life change WITHOUT social media?
- What are the positives and negatives of social media?
- What are the root sins behind the negatives? Idolatry? Pride? Envy? How are you specifically tempted?
- What are some unwise ways you've seen social media used? How do we wisely use (or not use) social media? What precautions or boundaries should we set?
- Do you need to change the way you do social media? In what way? Make specific, tangible goals.

Further Resources:

- <http://www.pewinternet.org/2018/03/01/social-media-use-in-2018/>
- www.thegospelcoalition.org/article/social-media-isnt-your-teens-biggest-problem/
- www.thegospelcoalition.org/blogs/evangelical-history/time-to-quit-social-media/
- www.thegospelcoalition.org/article/9-things-you-should-know-about-social-media/
- <https://sproutsocial.com/insights/social-media-statistics/>