



# COSTA RICA 2018

CBC YOUTH MINISTRY // TRAINING #1





# TRAINING #1

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1. KNOW YOUR TEAM
  2. KNOW THE DETAILS
  3. KNOW YOUR MISSION
  4. KNOW WHAT'S NEXT
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## PART 1: KNOW YOUR TEAM

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The ultimate goal for the Christian and the church is still rooted in Matthew 28 where the Lord commissions his people to go and make disciples of all nations, teaching them to obey all that he has commanded them, baptizing them in the name of the triune God.



The secondary goals are: 1) to **equip** the local church where we are going with resources, fellowship, and encouragement and 2) to **build** internal community with the team in efforts to carry that back home in order to transform our local communities.

In order for this to happen you must know your mission as well as your teammates. We are first and foremost bound by the gospel in mission, safety, community, and purpose. We must learn how to **work** together, **communicate** together, **encourage** and **rebuke** each other, **submit** and **lead** one another.

Exercise: list each person on the entire team. Fill in the following information (See appendix)

NAME:

1. Personal strengths
  - a.
  - b.
2. Personal weaknesses
  - a.
  - b.
3. Greatest hope
4. My cell phone/email



## PART 2: KNOW THE DETAILS

### Monday

7:00am departure iah  
10:00am Arrive in Costa Rica & drive to tour site  
12:00 Lunch /// whitewater/zip line tour  
4:00pm Depart to LA Ranch  
4:30 arrive to LA Ranch  
6:00 Dinner  
7:00 Orientation time

### Tuesday- Wednesday

7:00am Breakfast  
7:45am Depart to Pangola high school  
4:00pm Return to Ranch  
6:00 Dinner

### Thursday

Breakfast 7am  
7:00am Breakfast  
8:00am Depart to the kids kitchen  
12:00 Serve lunch at the slums  
2:00 pm outreach service & Hand out donations  
5:00pm back at the ranch  
6:00 Dinner  
8:00pm Mission closing service

### Friday

8:00am Breakfast  
9:00am Depart to Baldi hot springs tour  
5:00pm Back to the ranch  
7:00 Special dinner and bonfire

### Saturday

5:00am Breakfast  
6:00am Depart to airport

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## MORE FOR YOU TO KNOW

### **Sleeping**

You will be sleeping on very comfortable bunk beds. All bedding will be provided. It is generally warm at night; however, it is cool on occasion. Accommodations will be dormitory style with male and female sections.

### **Showers**

Hot showers will be available for your team. This water is purified as well. One towel will be provided per person although bringing an extra is recommended.

### **Water**

Purified water will be made available for your teams at all times.

### **Electricity**

There is electricity at the facilities, no need for any adapters.

### **Security**

Your rooms can be locked, and trustworthy locals will be keeping an eye on the building.

### **Food**

LA Ranch Staff will provide a banquet style breakfast, lunch and dinner that will be mostly Costa Rican food unless otherwise requested by the team leader. Your team will experience authentic Costa Rican cooking that we have found to be popular with most Americans

## TRANSPORTATION

Upon arrival to San Jose, Costa Rica, all transportation IS INCLUDED. Transportation to and from San Jose and to/ from mission site will be by chartered bus

## PICTURES OF LAST YEAR

If you want to know what the Ranch, school, and parts of Costa Rica looks like, follow this link to see our trip from last year. Link: <https://goo.gl/3etu2t>

## TRAVEL

Destination Airport: San Jose Juan Santamaria International Airport, Costa Rica (SJO)

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## **PASSPORTS & TRAVEL DOCUMENTS**

Passports – Each team member must carry a valid passport. If you have further questions regarding required travel documents we advise you to contact the US State Department – [www.travel.state.gov](http://www.travel.state.gov) If you do not have a valid passport, it is of the utmost importance that you apply as soon as possible. The processing time for a Passport can take several weeks once your application has been submitted. An expired Passport is not considered valid.

**Other Required Travel Documents** – All team members under the age of 18 must carry a written, notarized letter from their parents giving them parental permission to leave the country. They must carry the original notarized copy of this letter. It cannot be a photocopy of the letter.

- 1) If the minor is traveling without parents, both parents must sign the letter.
- 2) If they are traveling with one parent, the parent that is not traveling with them must sign this letter.
- 3) If their parents are separated or divorced and both parents do not want to sign the same letter, they must have a notarized letter from each parent giving them permission to go.

The letter that must include the following:

- 1) The full name of both parents and their formal signatures
- 2) The full name of the child
- 3) The full name of the Adult Chaperone serving as the Team Leader
- 4) The specific traveling dates for each country
- 5) The destination country
- 6) The reason for travel to the destination country (example- "youth group function")
- 7) The Airline itinerary (if applicable)

**Medical kits:** Medical kits that include first-aid supplies for general accidents and ailments are provided for each site. At L A Ranch we will have medications like Tylenol, Ibuprofen, Benadryl and Imodium on hand. We make these available to adult team leaders for their sole discretionary use with their team members. LA Ranch Staff will not dispense any medications.

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**Emergency response plan:** Based on the severity of each emergency, LA Ranch has a plan for appropriate response.

- If a team member becomes seriously ill, they will be taken to a local doctor to receive appropriate medical attention and medications. If they are a minor, their Team Leader along with our staff will accompany them to the clinic. If needed, their parents will be contacted. Their recovery will be carefully monitored by our staff.

- If there is an accident that requires a doctor, but is not life threatening and does not have the potential to cause permanent damage, LA Ranch staff will locate the Team Leader, contact parents or guardians (providing the injured is a minor) and provide safe but quick transportation to a local clinic.

## HOST: LUIS ARTAVIA

### CONTACT INFO:

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- EMAIL: [luis@laranch.org](mailto:luis@laranch.org)

### OTHER CONTACT INFO:

- <https://www.facebook.com/Laranchcostarica>
- <http://laranch.org/>



## PART 3: KNOW YOUR MISSION

**THE MISSION IS...:** The mission of God is forming a family for Himself, from all people. This is made plain throughout the scriptures, and is fulfilled in Revelation 21:3. God is at the center of the passage, and His being physically present with His people is the product of his redemptive work in the world. Our participation in His forming His family for His glory is to invite people to know God through Jesus. Jesus is God, and it is through Jesus that God will be known, that His family will be formed, and His mission of redemption will be accomplished. Jesus is the agent by which the knowledge of God is communicated; and he is the very content of that communication.

1. Watch the following video from: Helping Without Hurting – Part 1: Reconsidering the Meaning Of Poverty:
  - a. LINK: <https://youtu.be/a339VZRE3CM>
2. As you watch the video, answer the following worksheet
  - a. LINK: <https://goo.gl/1PvxT3>

## PART 4: KNOW WHAT'S NEXT

1. Fundraising:
    - a. Purpose: To ask individuals & groups to **PARTNER** with us in our mission.
    - b. GOAL: \$68,000.00
    - c. Point of Contact: Elaine Dao & Erin Joe
  2. Next meeting: **January 21 @ 1:30pm**
    - a. DUE: TEAM PROFILES
    - b. DUE: AT LEAST 20 FORMS OF FUNDRAISING INITIATED
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