

Lament
Psalm 88 (ESV)

Discussion Questions:

1. Do you know how to lament?
2. “God won’t give you more than you can handle” is an unhelpful phrase that is theologically incorrect. How does Psalm 88 speak against this phrase?
3. When have you experienced unanswered prayer like the Psalmist in vs 1-2?
4. In moments of suffering, which attributes of God do you remember? doubt?
5. In moments of suffering, what questions typically come to your mind like the Psalmist in vs 10-12?
6. How might we learn to suffer well?
7. How might we cultivate a healthy culture of suffering at CBC?