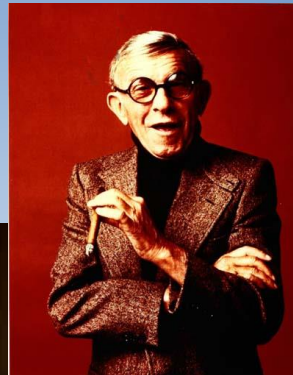
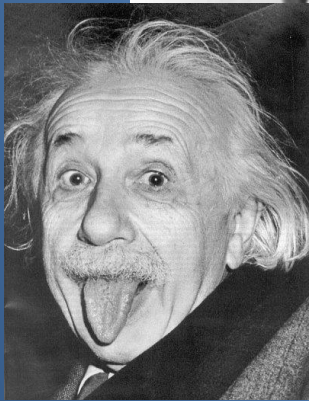
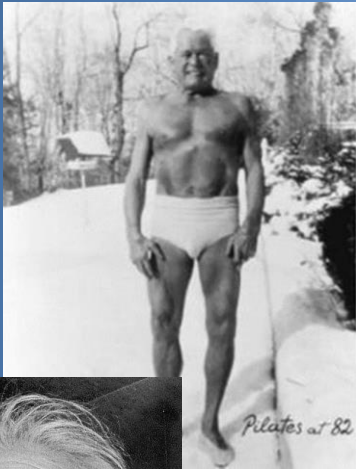


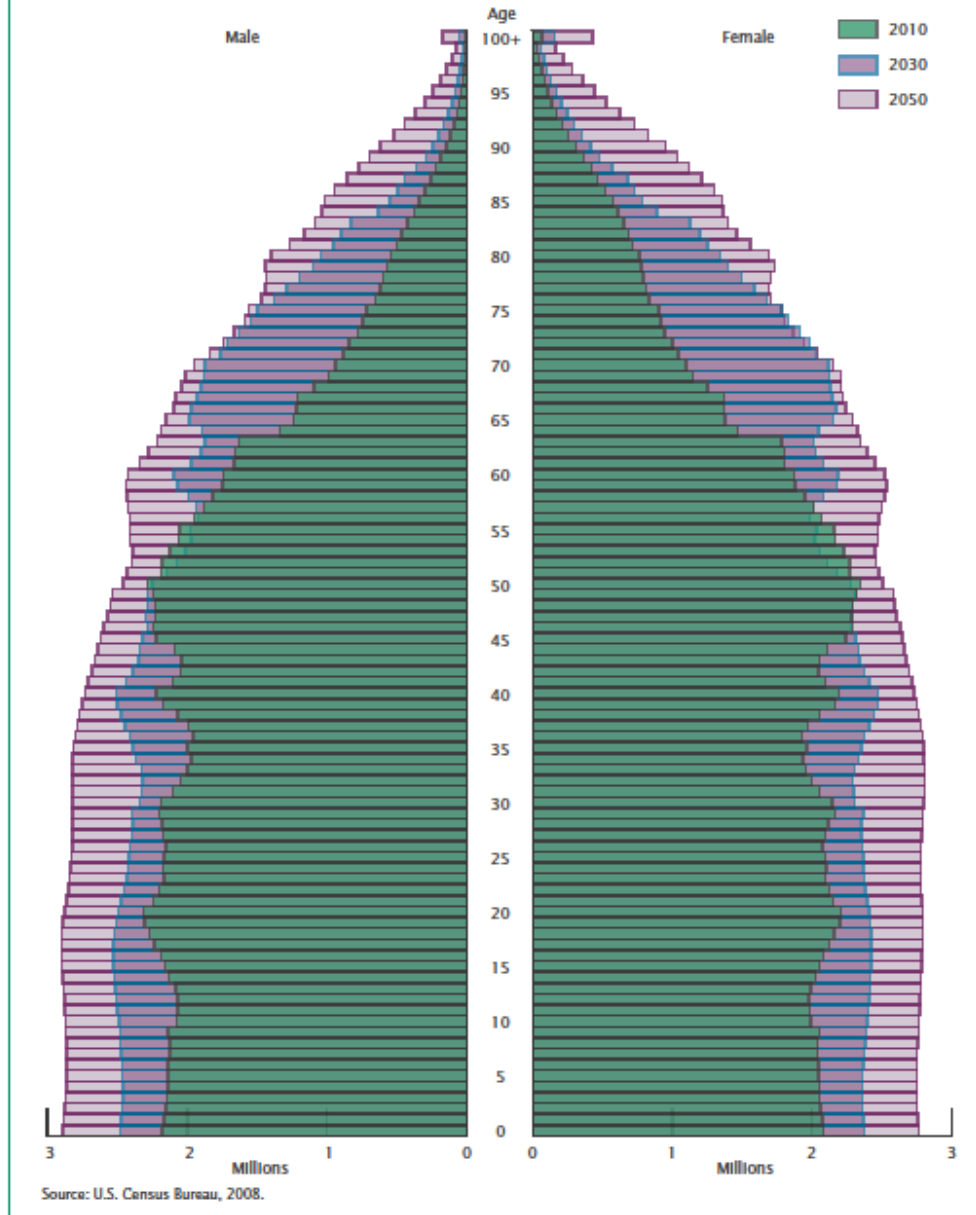
GERIATRIC MEDICINE



Objectives:

- To define the geriatric population
- To discuss why I did geriatrics
- To understand how geriatric medicine is different

Figure 1.
Age and Sex Structure of the Population for the United States: 2010, 2030, and 2050



Heterogeneity



HOW DO YOU BECOME A GERIATRICIAN?

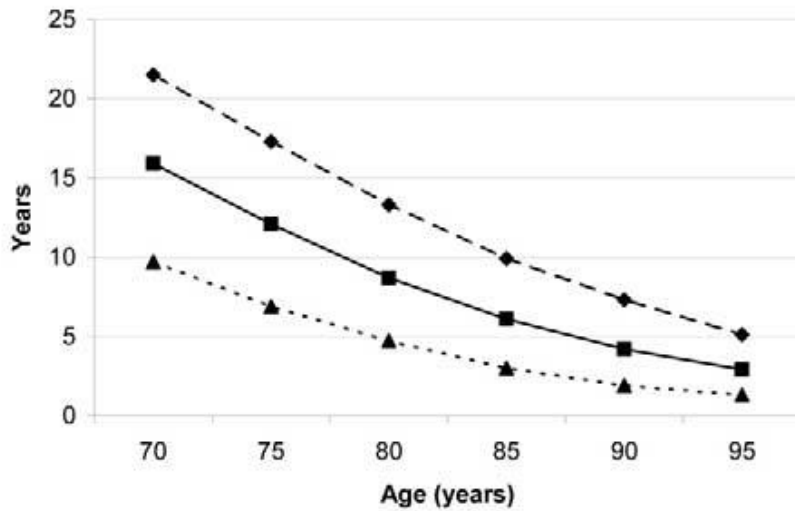
HOW IS A GERIATRIC EVALUATION DIFFERENT?

The Comprehensive Geriatric Assessment

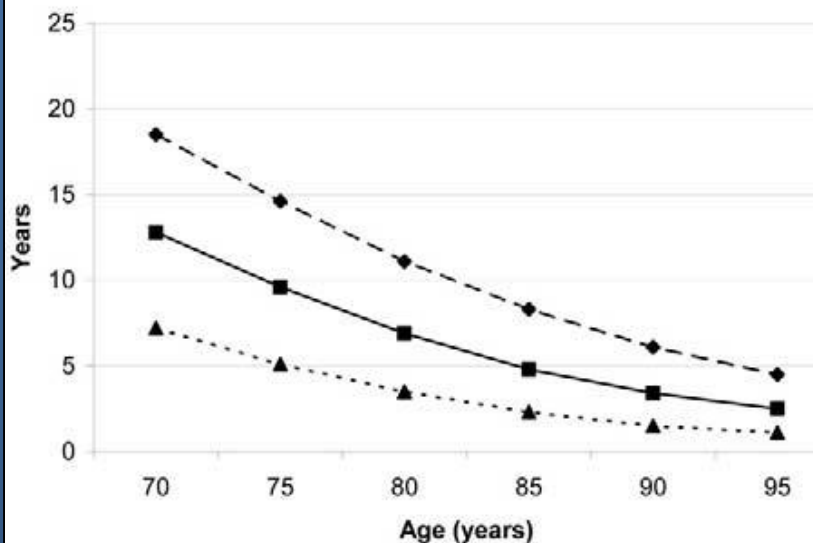
- Functional assessment
- Cognitive assessment
- Social issues
- Nutritional status
- A review of medications and their interactions and side effects
- Screening

Quality of Life

A. Life Expectancy of Women



B. Life Expectancy for Men



**WHAT OTHER THINGS DO
GERIATRICIANS KNOW
ABOUT?**

Geriatric Syndromes

- Dementia
- Delirium
- Falls
- Incontinence
- Constipation
- Elder Abuse
- Polypharmacy
- Depression
- Malnutrition/FTT
- Dizziness/Syncope
- Insomnia
- Skin Breakdown
- Osteoporosis
- Substance Abuse
- Disability
- Fatigue

Clinical Presentation of Disease

- Physiological changes with aging
- Diseases present differently in older people
 - Heart attacks
 - Depression
- Older people have different symptoms
 - Fever
 - Pain
 - Altered mental status

SOME STATISTICS...

Why do we need more geriatricians?

- 25-39% of outpatient visits to a PCP
- 40% of hospitalized patients are over 65
- 40% of surgical patients are over 65
- Seniors are the highest users of emergency centers

But research shows...

Older patients

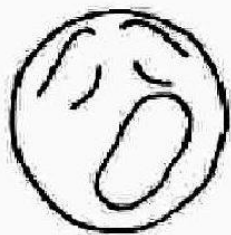
- Have shorter clinic visits
- Fewer tests
- Less likely to receive preventive screening
- Less often referred to specialists
- Have more untreated pain
- They are at a disadvantage if they come in with caregivers or family members

Most Common Outpatient Geriatric Complaints

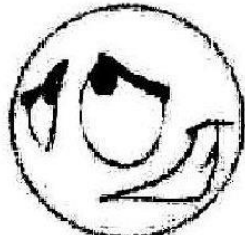
- Constipation
- Insomnia
- Pain
- Weight Loss
- Dizziness
- Hearing Loss
- Visual Impairment

WHY DID I DO GERIATRICS?

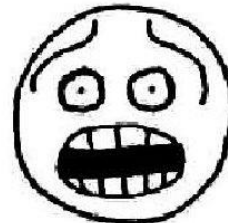
*As physicians we treat
dis-ease*



BORED



EMBARRASSED



FRIGHTENED



GRIEVING



LONELY



MISERABLE



SAD



WITHDRAWN

Bringing Good Health Home!



 Village
Physicians



Questions?